

Chair HIPC Direct Members Committee: Christine Nutt
HIPC Direct Members Administrator: Yvonne Pritchard
 E mail: dms@ukcphipc.co.uk

HIPC Public Website address: www.ukcphipc.co.uk

HIP College Re-accreditation 2021

Name of Applicant:	Maureen Moore
UKCP Registration Number:	994786

PERSONAL AND PROFESSIONAL DEVELOPMENT	
Original Training Institution:	Metanoia Institute
Date of Registration or Last Re-accreditation:	2016
Professional Will Arrangements:	Spouse has access to professional records. He would contact Maureen's supervisor. Alternate executor is daughter, who is a lawyer.
Description of Practice:	<p>Maureen is in private practice from a consulting room in her home, offering both brief and long-term psychotherapy. Currently she works remotely, with a caseload of about 10-15 clients. A particular focus is trauma; either explicit or as it forms a background to the work.</p> <p>She provided a reading list linked specifically to this work including books on trauma, dissociation EMDR and polyvagal theory.</p> <p>She also sees 6 supervisees.</p>
Verification/CPD:	<p>Maureen engaged consistently in CPD within her areas of interest. CPD is congruent with her needs in working with her client population. Hours are ample and documentation is good. Training included, among others:</p> <p>2016: Seminars and group meetings on: Neuroscience, PTSD, EMDR. Topics included the nervous system, ego states and</p>

	<p>dissociation, DID case studies. Reading in these areas. Personal supervision.</p> <p>2017: Clinical Development Forums, regional and consultant led group meetings, EMDR Annual Conference, EMDR training (including writing a case history), and reading in these areas. Topics included managing boundaries, DID, eating disorders among others. Personal supervision.</p> <p>2018: Further EMDR studies, including 2 Day Conference. Case presentation to supervision group. Completed an application for Consultant Accreditation. Topics studied included memory reconsolidation, working with sexual abuse, bullying in the workplace and digital communication among others. Reading. Personal supervision.</p> <p>2019: EMDR supervision group, Clinical Development Forums, EMDR case presentation, NScience workshop on somatic psychology, NICABM online training on client anxiety, depression, treating trauma, polyvagal theory. Reading. Personal supervision.</p> <p>2020: Further EMDR training including intergenerational trauma, and dream completion, Clinical Development Forums on working with crisis and the “new normal” virtual EMDR Annual Conference. NScience training in somatic psychology and parts work. Reading. Personal supervision.</p> <p>Maureen also attended the HIPC DM Reaccreditation Webinar.</p> <p>Maureen looks after herself through lighter reading and social interaction with family and friends (currently when lockdown conditions permit). She likes folk dancing, painting and sailing (when possible), and now enjoys dog walks with her shaggy puppy.</p>
Insurance Details:	Oxygen 18431578 expires 26.09.21
Supervision:	<p>2017-ongoing: monthly individual for 1 hour with HIPC reg supervisor. Supervisor finds Maureen empathic and skilled and recommends further reaccreditation.</p> <p>June 2019-ongoing: one-to-one peer supervision at 4-5 weekly intervals, for EMDR work as well as other modalities. Statement from peer supervisor describes wide ranging discussion and expresses appreciation for Maureen’s input.</p>
Peer Review Meeting:	2 known peers and 1 unknown peer. The meeting took place remotely. Known peers provided electronic signatures and the unknown peer signed off the meeting electronically.

	<p>The peers found Maureen competent, enthusiastic and committed. They appreciated her skill in working with clients presenting with fragmentation.</p> <p>Although EMDR seems to have figured large in Maureen's thinking during the reaccreditation period, she also recognised the importance of continuing to develop in other ways of thinking about her work.</p> <p>She also acknowledged the importance of keeping a balance between clinical work and personal life to avoid stress.</p>
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RESULT:	We are pleased to re-accredit Maureen Moore as a HIPC Adult Psychotherapist in UKCP for the next five years.
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Conditions/Requirements:	None
Recommendations:	None
Date: 17 th June 2021	<p>Signed: <i>Christine Nutt</i></p> <p>Chair Direct Members Committee Humanistic & Integrative Psychotherapy College, UKCP</p>